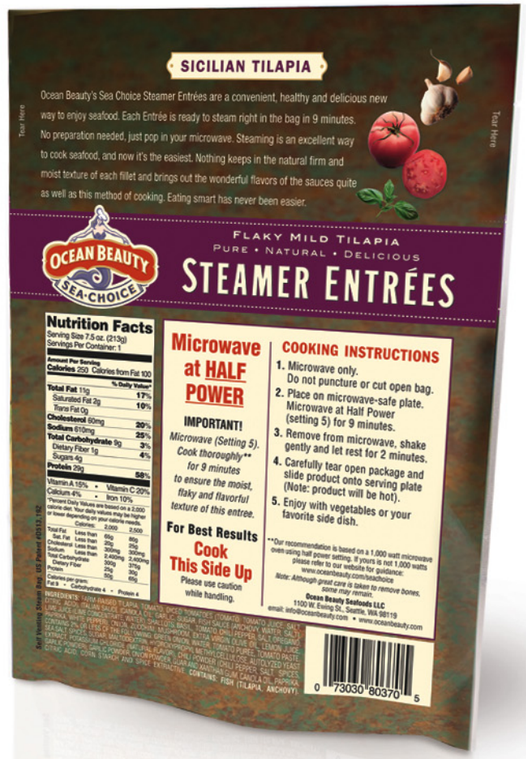
WILD ALASKA SEAFOOD
ALL NATURAL
OCEAN BEAUTY
SEA·CHOICE
STEAMER ENTRÉES
LEMON BUTTER FLOUNDER
STEAMS IN BAG 9 MINUTES!
ALASKA SEAFOOD
Wild, Natural & Sustainable
NET WT. 7.5 OZ (213 g)
SERVING SUGGESTION
KEEP FROZEN

FLAKY MILD TILAPIA
ALL NATURAL
OCEAN BEAUTY
SEA·CHOICE
STEAMER ENTRÉES
SICILIAN TILAPIA
STEAMS IN BAG 9 MINUTES!
NET WT. 7.5 OZ (213 g)
SERVING SUGGESTION
KEEP FROZEN


SICILIAN TILAPIA
Ocean Beauty's Sea Choice Steamer Entrées are a convenient, healthy and delicious new way to enjoy seafood. Each Entrée is ready to steam right in the bag in 9 minutes. No preparation needed, just pop in your microwave. Steaming is an excellent way to cook seafood, and now it's the easiest. Nothing keeps in the natural firm and moist texture of each fillet and brings out the wonderful flavors of the sauces quite as well as this method of cooking. Eating smart has never been easier.
OCEAN BEAUTY
SEA·CHOICE
FLAKY MILD TILAPIA
PURE • NATURAL • DELICIOUS
STEAMER ENTRÉES
Nutrition Facts
Microwave at HALF POWER
IMPORTANT!
For Best Results
Cook This Side Up
COOKING INSTRUCTIONS
1. Microwave only. Do not puncture or cut open bag.
2. Place on microwave-safe plate. Microwave at Half Power (setting 5) for 9 minutes.
3. Remove from microwave, shake gently and let rest for 2 minutes.
4. Carefully tear open package and slide product onto serving plate (Note: product will be hot).
5. Enjoy with vegetables or your favorite side dish.
Ocean Beauty Seafoods LLC
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